

## Here's How I'm Planning My First Thanksgiving Dinner

Theresa Gonzalez · Nov 15, 2022



Thanksgiving, and even more so **Friendsgiving**, is hands-down my favorite holiday. There's no pressure to give gifts, there's an open invitation to whoever wants to come over, and it's all about **gratitude** and gobbling up delicious food all day long. I love to take a hike in the morning before the big meal, which helps me make slightly healthier choices — or feel better about the indulgent ones.

As of 2020, I have a dining room to actually host guests and this year will be the first time I get to use it for Thanksgiving (last year I did an amazing **home exchange a la "The Holiday"** and skipped out on traditional TG). This year, I'm hosting eight people, including my daughter and my boyfriend's goddaughter (both 8), and going all-out. Here's how I'm prepping for the day, days in advance.

Wine goes best with turkey, IMO. I live in Sonoma, CA, so that's a given. Here are a few gems I'm saving for the big day: **Baldacci Pops Sparkling Wine**; **Meeker Viognier**, and **Cliff Lede Cabernet Sauvignon**.