



Crème Brûlée

Prep: 20 min Cook: 40 min Total: 1 hour Yield: 6 servings

Ingredients

- 1 pint whipping or heavy cream (2 cups) 4 egg yolks from large eggs
- 1/4 cup granulated sugar
- 1 tablespoon vanilla extract pinch salt, optional and to taste
- about 3 to 4 cups water, for water bath
- 1 to 2 teaspoons superfine sugar per each ramekin, for caramelizing

Instructions

- 1. Preheat oven to 300 degrees F. Place 6 ramekins in a 9×13 pan or large baking pan that will be used for a water bath. Spray ramekins with non-stick cooking spray; set aside.
- 2. Add the cream to a 2-cup glass measuring cup or microwave-safe bowl. Heat on high power until cream begins to bubble just a bit, but don't let it come to a full boil
- 3. Crack the eggs into a small bowl and with clean hands, pick out the yolks and put them in a large bowl.
- 4. Add 1/4 cup granulated sugar, and whisk vigorously for 3 to 4 minutes until the mixture is lighter and paler in color, and has fluffed in volume.
- 5. With a spoon, remove any skin that's formed on the cream.
- 6. Very slowly pour about 1/4 cup of cream into the eggs, whisking the whole time.
- 7. Continue pouring the cream into the eggs very slowly, whisking the whole time
- 8. Add the vanilla, optional salt, and whisk to combine.
- 9. Evenly pour mixture into prepared ramekins; set aside.
- 10. Add 2 cups water to 2-cup glass measuring cup and microwave on high power until boiling, about 4 minutes.
- 11. Slowly and carefully pour the hot water into the 9×13 pan.
- 12. Bake for 40 to 45 minutes, or until set with some jiggle.
- 13. Remove pan from the oven and very carefully with a hot mitt, remove ramekins from water bath and place them on a wire rack to cool completely, about 1 hour.
- 14. Prior to serving, evenly sprinkle each ramekin with 1 to 2 teaspoons superfine sugar.
- 15. Using a torch held about 6 inches away from the surface, heat the sugar, making sure to keep the torch moving evenly to prevent burning.

Pairs well with

Baldacci Family Vineyards Carneros Late Harvest Gewürztraminer